

The GardenShed

OCTOBER, NOVEMBER & DECEMBER 2016

THE NEWSLETTER OF THE CRAMAHE HORTICULTURAL SOCIETY



APPLES ON AN ANCIENT TREE, CRAMAHE IN NOVEMBER

Photo by Barrie Wood



The GardenShed

~ From the Editor

What's in a name? If it's the name of our 2017 Flower of the Year, the answer is not simple. Spurred by our discussion at the October general meeting, I've decided to do a bit more research to learn just what, exactly, we should be calling this plant.

First, I turn to the ultimate arbiter, the Oxford English Dictionary, which resides – all twenty huge volumes of it – on our bookshelf. It tells me that gladiolus (sing.) [gladioli (pl.)] refers to “any plant of the iridaceous genus Gladiolus, having sword-shaped leaves and spikes of brilliant flowers”. The OED further says that sometimes, instead of the plural gladioli, the singular gladiolus “is used with a collective force”, as in “a bed of gladiolus”. Gladiole, gladiol and gladioll also refer to the same plant. As well as gladdon and gladin. Not one mention however, of ‘gladiola’, the name I personally have always used.

I take a deep breath and hit the internet. It soon becomes apparent that, after 250 years of gardening popularity, the nomenclature of this plant has become a big murky muddle. Everyone seems to agree that it comes from the Latin ‘gladiolus’, meaning small sword, and is sometimes known as a Sword Lily. But....

Type gladiola into google.ca and it comes up as gladiolus. Wikipedia.org feels it necessary to publish separate disambiguation pages for both gladiola and gladiolus. Gardening websites interchange the two names freely and frequently, often within the same paragraph. The website thefreedictionary.com offers

gladioluses as an alternate plural form of both gladiola and gladiolus. And dictionary.com gives the definition of gladiola as gladiolus and lists its origin as “Latin, neuter plural, treated as if feminine singular”. Aaaargh.

I think I'm just going to call them glads.

~ Lorelyn

p.s. I wish all of you a very happy and healthy holiday season. See you next year!

p.p.s. Dear Santa, now that I know what to call them, I'd love to find some glad bulbs in my stocking.



Your 2017 Executive, L to R: Trish O'Brien, Secretary; Clair Breton, Treasurer; Jim Detenbeck, Vice President; Sharron MacDonald, President



~ *President's Message*

Well, I can safely say that winter is arriving. We have been very lucky that the weather has been so nice for so long, but we had to know it would come to an end. The Farmers' Almanac has predicted a long cold winter for this year and I think it might be right. We haven't had a really good winter for a number of years and it is probably about time that we did.

As I reflect on the past year of the Society, I'm very happy with everything that happened during our current year. The programs provided were interesting and varied, the addition of new members was wonderful, the flower and photography shows had quite a few new exhibitors, and we got to present our first scholarship to a deserving student at ENSS. Once again, we were able to provide the hanging baskets for Victoria Square Park and we continued to work at the Ecology Garden and the garden in Castleton. We have also kept working towards the community garden and in the spring we will be building some raised beds in Rotary Centennial Park. Our dream will come true, not as fast as we planned, but it will happen. You know what they say: if you build it, they will come.

At our AGM in November, we were able to induct the Executive and Board of Directors, and I am pleased to say that Jim Detenbeck has agreed to be my Vice President for the coming year. He will be 'in training' to take over the President's job after the AGM next November.

I also want to thank the members who have served on the Board and have now stepped down, and also those members who have stepped up this year and taken on a new position. Your Executive and Board are what drive our Society, but it's the members who make us move forward in a positive and productive manner.

We all need to help make our Society grow and become more prominent in our township. With food insecurity a very present matter, we need to make people aware of the joys and health benefits of gardening, both flower and vegetable. Part of our mandate is to educate people and I think we have to make everyone aware that the society is here and that we are able to help get people started on their 'gardening journeys'.

We have a lot planned for the Society in 2017 and I hope that you all will be invested in some way in the coming year. I know that some of you are not able to help with the heavier duties, but we have lots of jobs and positions that require very little in the way of commitment. Please look over the yearbook and see if there isn't some small job that you might like to try your hand at. We still have a couple of positions available. For example, we need someone to coordinate the Trash & Treasures day, and we have a project for June (in GardenOntario Week) that will need someone to look after it. So if you think you might like to help out, we would love to have you.

Since we won't meet again until January, I would like to take this opportunity to wish you all a blessed and joyful holiday season, and I hope that you all get to enjoy time with family and friends. If you are travelling during the holidays, travel safely. If you are driving anywhere, please be mindful of the weather conditions. I look forward to seeing you all in January, and don't forget, our meetings will be at 1:30 p.m. in January, February and March.

Merry Christmas and Happy New Year!

~ *Sharron*





*Cramahe Horticultural Society Executive and Board of Directors for 2017, L to R:
Marg Pafford, Clair Breton, Clare Phillips, Jim Detenbeck, Len Salvati, Trish O'Brien, Sharron MacDonald, JoAnne Titus, Karen
Prins, Lorelyn Morgan, Carol MacArthur, Barrie Wood, Bea Fredenburgh, Deb Russo*



A pot luck dinner with Cramahe Hort - good friends, good food.



Awards were presented by Lenna Broatch and Karen Prins.



*Arthur & Marjorie Rutherford Trophy,
Most points overall: Valerie Detenbeck*



*Joan & Harold Harnden Silver Rose
Bowl, Most points in Decorative:
Valerie Detenbeck*



*25th Anniversary Trophy, Most points
for potted plants: Kris Rahn*



*Clair Breton, winner of last year's
Hoselton Studio Trophy, finally receives
her award.*



*Photography Trophy, Most points in
photography: Valerie Detenbeck*



*Amy Gresham Memorial Trophy, Most
points for Flower of the Year: Peg
Howden*



*Hoselton Studio Trophy, Novice with
the most points: Valerie Detenbeck*



*Canadian Imperial Bank of Commerce
Rose Bowl, Most points for roses:
Karen Prins*

*Congratulations to all of the
participants in all the flower,
vegetable and photography
shows of 2017!*



And service pins were presented by Sharron MacDonald.



5 Years: Marg Pafford



10 Years: Peg Howden, JoAnne Titus, Kris Rahn



25 Years: Sandra Compton

All in all, a great evening!

~~ OHA News ~~

Spring Get-Together	Date TBA	Auburn Bible Chapel, Peterborough
District 4 AGM	April 1, 2017	Fenelon Falls
GardenOntario Week	June 10 - 18, 2017	Throughout Ontario
June Celebration Event	June 14, 2017	Naval Club, Peterborough
OHA Convention 2017 Theme: Green from Shore to Shore	July 23 – 23, 2017	Sheridan Parkway North Hotel, Richmond Hill
Fall Seminar	October 28, 2017	Cobourg
Photo Competition:		
1. Storm/Wind Damage		
2. Children Love Flowers Too		
3. I Have Changed (2 photos of the same plant(s), first during summer, second during autumn)		
OHA Convention 2018 Theme: Shore to Shield		Kingston (District 3)
OHA Convention 2019 Theme: Come to the Deep South Where Everything Grows		Windsor (District 11)



~~ October Presentation ~~

CLOSING THE GARDEN FOR THE WINTER

With **LISA SMITH** of **CONNON'S NURSERY, TRENTON**

On a beautiful October 18th, 2016, the Cramahe Horticultural Society welcomed Lisa Smith, Supervisor, Connon Nurseries Limited in Trenton, to share her 20 years of landscape design and installation expertise.

In spite of the unseasonably warm weather this fall, gardeners must eventually face the end of the gardening season. But, with the late perennials, annual urns and vegetable gardens bursting with beauty and flavour, putting the garden to bed this year has poignant overtones.

If you are a winter gardener, counting "Persephone Days" in your area, you are on an entirely different path, but that is a subject for another day

Let's get started. Bring in your tropicals for the winter – oleander, hibiscus, croton, palm and bougainvillea – all of which will thrive in the right space and light. Be sure to wash them off with soap and water to deter hitchhiking bugs from entering your house.

The Boston and Kimberly Queen ferns can come inside as well, but be aware that you will be sweeping up frequently as they adjust to reduced light levels. The upside of fern management is that they will be that much bigger when put out the next season.

Next, scour your garden for sculptural pieces such as allium which, once deceased, looks like a star burst – ideal for christmas displays. Or the conscious leaving of some perennials to give your winter garden a locus of interest – annabelle hydrangeas and most grasses come to mind.

And don't forget to get your ration of CANADA 150th tulips – now is the time for all such bulbs



to be planted. The community goal is to have a sea of beautiful red and white tulips in the spring of 2017 to celebrate Canada's sesquicentennial.

A word about protecting your bulbs from the various varmints that would destroy them. Try layered plantings:

Step 1: Dig a deep hole at least 14" and about 16-18" wide.

Step 2: Mix existing soil with a good quantity compost and a couple handfuls of bulb booster.

Step 3: In the bottom of the hole, place 2-3" of sand for drainage.

Step 4: Fill in about 2-3" of the compost/soil mixture.

Step 5: Lilies go in deepest. You might fit 4-6 or even more in the hole depending on their size.

They bloom last, from late June for the Asiatics, July for the Trumpets to August for the Orientals. Cover with about 2" of soil/compost mix.

Step 6: Next plant daffodils and alliums. Fit them in around the bulbs below, they will find their way to the surface around other bulbs planted above them. Again cover with 2" of soil/compost mix.

Step 7-9: Continue with tulips and more soil and finally the smallest earliest blooming bulbs, the iris reticulata, crocus, etc. Cover 2 more inches above the last bulbs.

After the blooms have faded, let the foliage die back on its own as this is how bulbs replenish themselves for next year's flowers. Each layer protects the next and though there might be a minor delay in blooming (a week) you will have a spectacular display of bulbs throughout the spring and summer.

Pruning can be a bit complicated and confusing. Do it now? Do it later? Trim to the ground? Are flowers on new wood or old?

Spring flowering shrubs such as caragana, deutzia, forsythia, flowering almond, lilac, purpleleaf sandcherry, rhododendron should be pruned directly after the blooms fade.

In the case of lilac and rhododendron, even if pruning for size is not required, at least remove the spent flowers and prevent the plant from setting seed. This will make them more floriferous next year.

Summer flowering shrubs should be pruned in early spring before growth begins, then pruned again to remove spent flowers. These include pink spirea, potentilla, butterfly bush, Blue Mist shrub and hydrangea.

Roses are a category unto themselves, follow instructions! But do mound soil around the base of the rose plant AFTER the ground freezes. Cover the crown completely.

The question of plants that are vigorous, shiny and green but refuse to flower was explored. In particular the Hydrangea Macrophylla (Endless summer and Nikko Blue for example) are a particular problem. The proper fertilizer (phosphorus and/or bone meal) and extra winter protection might be the answer.



Another problem which was rampant this hot, dry summer is powdery mildew on phlox:

1. Cut out infected leaves and plant stems as soon as the powdery mildew is noticed. Use clean shears to prevent the spread of the spores to healthy plants.
2. Remove all fallen leaves and dead plant material from the bed, but dispose of it rather than adding it to your compost pile. Old plant material can harbour powdery mildew spores.
3. Delay any scheduled fertilizer applications until the phlox has recovered from the powdery mildew infection. High nutrient levels in the soil can cause an increase in mildew growth.



4. Water phlox in the morning so that the excess moisture dries quickly. Light overhead watering can rinse spores off the plants, but wet foliage later in the day that doesn't dry quickly can increase mildew infestations.
5. Spray the plant with a horticultural oil, completely coating the phlox, before a powdery mildew infection becomes severe. Apply the oil only when temperatures are below 90 degrees Fahrenheit. If mildew problems become more severe, spray the plants with a sulfur-containing fungicide spray at least two weeks after the oil application.
6. Cut back the phlox to the ground in fall after the plants begin to die back. Remove all old plant material and mulch from the bed and dispose of it so that mildew spores don't survive over winter and reinfect the plants in spring.

And on to our trees. Juniper and Emerald cedar suffer windburn more than most. This tendency



was exacerbated by the almost total absence of rain in the summer of 2016. This fall they were already struggling, so if you have tender young ones, a burlap tent kit may help to preserve them. Zipped tree bags are also available for newly planted conifers but you will have to hold your breath and hope there has

been no irreparable damage to your mature trees. Steady rain for several days in mid October may have helped in the recovery process. Fertilizing trees and shrubs should happen by the end of October.

And we are not finished! Now that the pruning is done/not done, we move on to perennials. Most are cut to the ground and disposed of to reduce the chance of contamination from the aforementioned mildew and other fungicide problems.

Are you fortunate enough to listen to falling water on a hot summer evening? Depending on the size and depth of your pond, drain to reduce the water level, cover with net to keep out the leaves (or scoop them out). Clean and store the motor, filters etc. in a dry place. Oh, and find a home for the fish unless you have a bubbler that lets you leave them in the pond for the winter.

And if any of you still have a green lawn, it is best to fight the rampant crabgrass next spring with a fertilizer that is mostly corn gluten (and nitrogen). Reseed in the spring or dig up the bad areas, reseed and pray that we don't have another drought ridden summer. Buy Kentucky blue grass mix rather than anything with an annual grass. If you are going to fertilize the grass this fall, use something like 9-0-14.

Bring in tubers that you want to replant next year such as dahlia, glads, lilies etc. In fall, after the first frost has blackened the foliage, cut off all but 2 to 4 inches of top growth, and carefully dig tubers. Allow them to dry for a few days in a frost-free location, out of direct sunlight. Remove excess soil, leaving 1 to 2 inches of stem. Store each clump in a ventilated box. Fill the box with sand, peat moss or vermiculite and place it in a cool, dry location at 45 and 55 degrees. Check tubers periodically through winter for rotting and drying out. The tubers may shrivel a bit, so mist them lightly. If they start to rot, trim the rotted portion of the clump so it won't spread. The tubers are fragile, so do be careful when handling them.



Important to note that those beautiful fall mums you just couldn't resist, are sold as annuals, they will not overwinter.

And finally, who doesn't have hostas! This is the right time to divide and move your hostas. If you wait until spring you could break off the tender leaves and/or trample on the new shoots coming up throughout the garden.



As the days grow shorter and crisper, it is time to put down the hoe, wash your garden gloves and apron and store the gardening equipment.



It is time to relax, have a coffee while the winter wind rattles the windows. Time to curl up in front of the fire with a gardening book, seed catalogues and yard design as the cycle begins again.

~ Robin Young

~~ Membership ~~

Please remember that your 2017 Membership fees are due in January at the new rate of \$20 per single and \$30 per family.



Lisa Smith of Connan's Nursery



~~ Executive Doings ~~

BOARD NOTES FROM OCTOBER 11 AND NOVEMBER 8, 2016

Since this *GardenShed* now covers a longer time frame, this column will adjust as well, and assume a kind of temporal omniscience (now *there's* a phrase!) to provide an overview from the various meetings (FIVE, including two executive, two general ones and the Pot Luck AGM) that happened within it.

A thread through all Board meetings is a great appreciation for Bea Fredenburgh and her dialing finger. Even with most people online, a personal phone call before an event serves to give us all a nudge, and no doubt our meetings are better attended (and people remember to bring their crockery) thanks to Bea's friendly reminders. And I don't need to tell you how hard it is to be "friendly" on the 47th phone call with the same content. But Bea manages to do so, and we thank her for it.

At the October Board meeting, we nominated Gladiolus, Calendula, Monkshood, Fall Anemone, and Cosmos as Flower of the Year finalists for 2017. As you know, Gladiolus (see discussion elsewhere for proper name of this spike) won the vote at the general meeting on October 18th. (There is suspicion that a certain member [initials M.P.] had a nefarious role in that, and there may be recounts in certain districts if evidence continues to mount that there was a "fix").

Deb Russo has agreed to add the poster board updates (the stand-up bulletin board that appears at every meeting with info/photos of Horty Doings here and there) to her duties as Librarian. Thanks, Deb! And speaking of the library

Going into the Hort Library in the New Year will be a set of books of great interest, especially to long-time Hort Members, namely, our Annual Yearbooks, going back to 1973! Life Member Isabel Gummow has kept these in perfect condition all these years, and recently handed them over to the Club to keep. Very interesting reading, notably the loooooong lists of entries in the various flower shows. Wow. Low-tech printing, but high level participation, which might spur some more of you to submit your entries in 2017. These books will become part of the Hort Library, so have a look on the cart in January. Many thanks, Isabel, our hats are off to you!

We have 14 new Flower Show Judges certified in District 4, including our very own Rose Odell and Kris Rahn. Our Board had voted to help defray the cost of the extensive courses that led to their certification, and we are very pleased that they will now be going out to various shows around the province, representing Cramahe Hort with their horticultural knowledge and acumen. Congrats to Rose and Kris!

The Link Cramahe website is now up and running, so check it out at linkcramahe.ca. It aims to provide a listing of all activities going on in the township. They are now working on a means of also getting this information out to folks who are not online. They will also list volunteer opportunities, so Hort may be able to enlist some help through this service, as well as get the word out about our meetings.



The status of the Community Garden went from “still waiting” to “maybe” to “we have approval for a preliminary plot in 2017”!! Len Salvati has kept on top of this, and the Township has approved use of the land south of the baseball field, toward the existing Ecology Garden, for several raised beds. The Provincial Grant Applications are still in the works, but this will get the project off the ground – should I say ON the ground – or IN the ground, where it needs to be. The calm and competent tenacity of Len, with accounting and paperwork help from Clair Breton, has kept this difficult file moving forward, and if seeds get into the ground in the spring of 2017, we owe a round of applause and a deep bow to those who got them there, including Sharron, who also spent untold hours on the earlier grant applications.

We ended 2016 season with 59 members: 26 singles, 12 families, 7 life members and 2 complimentaries, and with a full Executive slate. We must give a special nod to Jim Detenbeck for stepping up as official Vice-President, allowing Sharron to contemplate finally stepping down, after being the rock that has kept the Society going well beyond her expected terms of office.

The AGM/ Pot Luck Dinner was delicious and social, as always, and with thoughts of that in mind, I wish all of you a safe and joyous holiday season, wherever it takes you. See you in 2017, January 17, 1:30 p.m. to be precise, at the Membership desk, happily taking your membership fees for the New Year!

~ *Barrie Wood*

~~~ *From One Gardener to Another* ~~~

November 2, 2016

I just did two hours of gardening work at a friend's house in preparation for a new garden next year. It's a warm lovely day and one of her frogs in the pond is basking on a rock and watching me. I'm enjoying his company and chatting with him of course. There are also two pretty red dragonflies. About 1:00 p.m. I went home and sat outside on my veranda to eat lunch as it was even more incredibly warm. Could be the last time till next year.

Yesterday, I drove by my place on the way to lunch with a friend. She had said to me, “It's a sad time of year.” I asked why. She said, “All the colour has gone out of your yard.” I agreed. But now as I'm sitting here, I'm beginning to notice more subtle hues. The big sugar maple on the front lawn is a beautiful golden yellow.

A *Mariesii* doublefile viburnum below it is in shades of burgundy. Next to that are the fluffy white seed heads of a species clematis. The vivid lime green stems of the kerria are showing now that the leaves are gone. So, all the colour doesn't necessarily come from flowers. I'm glad she taught me to pay more attention.

I haven't cleaned out all my baskets and planters yet on the veranda, so orange, dark pink, light pink and burgundy geraniums are still blooming a little. Also red verbena, purple heliotrope, purple and orange calibracoa, pink wax begonias and the purple and white petunias (those fabulous new ones called 'Starry Nights'). It's so warm today I'll have to water them again. That's okay. It's sort of a game I play each fall – how long can I keep the annuals going. Some have succumbed to light



frost but the baskets at the front of the house are protected longer.

Beside my front steps is a large clump of purple aconitum (monkshood) in full bloom now. In front of it is a clump of white 'Honorine Jobert' anemone – a little nipped by frost but still good. And what should suddenly appear?? A gift from Mother Nature to me – a Monarch butterfly. Really! I have proof! I took photos! It went from bloom to bloom, all over the monkshood.

November 7, 2016

Approximately one week later, after a normal morning of 1. taking the new cat to the vet, 2. throwing in a load of laundry, 3. doing the grocery shopping and 4. hanging the laundry outside, I can have lunch outside again, as it's 12 degrees Fahrenheit, sunny and no wind! Gorgeous!

November moves pleasantly along – lots of leaves raked and shredded and put on the gardens. Still maintaining some of the vegetables.

November 20, 2016

I was away two weekends visiting sisters in Kimberly and Burlington. Now I'm back and – things have changed!! Snow on the ground, very cold now and almost all the annuals are frozen. Except the calibrachoa! I'm amazed. So I will enjoy them a little longer.

I'll clean out the baskets and planters now and create some winter displays, something different from last year.

All the best of the season to all and see you in January.

~ Peg Howden

~~~ *Over the Garden Fence* ~~~ (Neighbouring Horticultural Societies)

Brighton Horticulture meets at King Edward Community Centre, 81 Elizabeth St. 4th Tuesday of the month at 7:30pm.

Campbellford Horticulture meets at Christ Church Anglican, Kent & Church Streets, Campbellford, 1st Monday of the month at 7:30pm. Upcoming Meetings: December 5, **Wire Tree Ornaments** with Pam McEvoy.

Cobourg Horticulture meets at Cobourg Columbus Community Centre, 232 Spencer Street East (D'Arcy), 1st Wednesday of the month at 7:00pm. Upcoming Meetings: December 7, **Native Ontario Orchids – An Unexpected Treasure**, with John Alexander & Peter Kaelgren; Christmas greenery exchange.

Grafton Horticulture meets at St. Andrews United Church, 137 Old Danforth Rd., 2nd Tuesday of the month at 7:00pm. Upcoming meetings: December 13 at 5:30, Christmas Pot Luck and Awards.

Omeme Blooms Garden Club meets at Trinity United Church, 3rd Monday of the month, 7:30 p.m.

Peterborough Horticulture meets at the Lions' Centre, 347 Burnham St., Peterborough, 4th Wednesday of the month, 7:00 p.m.

Port Hope & District Horticulture meets at the Ruth Clarke Centre, 81 Mill St. S., 2nd Monday of the Month at 7:00 pm. Upcoming Meetings: December 12, **Christmas Display Design**; Christmas Flower & Photography Show.



~~~ Garden to Table ~~~



JoAnne Titus'

DATE PUDDING WITH IRISH WHISKEY SAUCE

Grease 10 cup Bundt pan and dust with flour

Bring to a boil in a saucepan:

1½ c. water

1 1/3 c. chopped dates

2 t baking soda

Let cool.

In Large bowl beat 1 c. soft butter with
½ c. granulated sugar till light and fluffy,
Add 4 eggs, one at a time; stir in 1 t vanilla.

In 2nd bowl whisk together 2½ c. all-purpose
flour and 2 t. baking powder

Stir flour mix alternating with date mix into
batter mix.

Bake in centre of 350 degree oven 45 minutes.

Irish Whiskey Sauce**

Melt ¾ c. butter and add 1¼ c. packed dark
brown sugar and ¾ c. whipping cream and stir
occasionally over heat till thickened, about 5
minutes. Stir in 1/4 cup whiskey.

While cake is still in pan poke holes with skewer
or toothpick all over cake, pour 1/3 of sauce
evenly over and return to oven for 15 min. or till
tester comes out clean.

Let cool 10 minutes on rack, invert onto platter
and poke holes all over and spread 1/3 of sauce.
Wrap and store in airtight container, refrigerate
up to 2 days.

Slice and serve with remaining sauce. Serves 12.

**I make at least double the sauce and try to
soak the cake pretty well. I also usually increase
the whiskey content a bit (to taste of course-
and depending on the intended guests).
Enjoy! This was in *Canadian Living* 2007.



Barrie Wood enjoys every last morsel of JoAnne's Date Pudding
with Irish Whiskey Sauce.
Photo by Rose Odell

Karen Prins'

PICKLED BEETS

4 cups sliced boiled beets

1 cup brown sugar

1½ cups vinegar

½ cup cider vinegar

10 whole cloves

Pinch salt & pepper



Pack beets into clean jars. Mix all remaining. Stir until sugar is dissolved. Pour over beets. Lid & store for at least 2 days.

(I have stored for a year with no spoilage due to the large amount of vinegar.)

Sharron MacDonald's

LEEK AND POTATO SOUP

5 Leeks, washed and cut up
1 cup milk
1 tablespoon butter
1/2 teaspoon salt
4 cups potatoes, cubed
1/2 teaspoon pepper
Melt butter in a large pot.

Add leeks and cook for 5 minutes over medium heat.

Add potatoes and cover with water and bring to a boil.

Cook uncovered for 30 minutes.

Add milk, salt and pepper.

To thicken, puree some of the potatoes in the blender or food processor.

Note: For a change add parsley and thinly sliced carrots.

Sharron MacDonald's

GARLIC ROASTED BRUSSELS SPROUTS

1-1/2 Pounds fresh Brussels sprouts, halved
2 Tablespoons olive oil
3 garlic cloves, minced
1/2 cup heavy whipping cream
3 tablespoons Dijon mustard
1/8 teaspoon white pepper
Dash salt

Place Brussels sprouts in an ungreased 15 inch x 10 inch x 1 inch baking pan. Combine oil and garlic; drizzle over sprouts and toss to coat. Bake, uncovered, at 450 degrees for 10 – 15 minutes or until tender, stirring occasionally.

Meanwhile, in a small saucepan, combine the cream, mustard, pepper and salt. Bring to a gentle boil; cook for 1 – 2 minutes or until slightly thickened. Spoon over Brussels sprouts. Serves 6.

Clare Phillips'

TURNIP PUFF

6 cups cubed turnips
2 tablespoons butter
2 eggs, beaten
3 tablespoons flour
1 tablespoon brown sugar, packed
1 teaspoon baking powder
salt and pepper
1 pinch nutmeg
1/2 cup fine breadcrumbs
2 tablespoons butter, melted

Cook turnip until tender, drain and mash.

Add butter and eggs and beat well. (This can be done a day ahead.)

Combine flour, sugar, baking powder, seasoning and nutmeg. Stir into turnip mixture.

Pour into a buttered casserole dish. Mix breadcrumbs and butter and sprinkle on top.

Bake at 375 for 25 minutes or until light brown on top. Serves 6.



~~ Please Join Us ...

... on *facebook* or online at cramahehort.ca

... or at a meeting - on the 3rd Tuesday of the month in the Keeler Centre in Colborne.

Upcoming:

January 17th, 1:30 p.m.

Catherine Parr Trail and Canadian Wildflowers

With Joyce Higgs

February 21st, 1:30 p.m.

Victory Gardens

With Robbie Preston

March 21st, 1:30 p.m.

What's New for 2017

With Dawn Golloher

From Gardens Plus

CRAMAHE HORTICULTURAL SOCIETY

President:	Sharron MacDonald sharron@start.ca
Vice President:	Jim Detenbeck detenbeckjg@gmail.com
Secretary:	Trish O'Brien twillow_51@hotmail.com
Treasurer:	Clair Breton clairbreton@bell.net
Newsletter:	Lorelyn Morgan lgm@sympatico.ca



Going,



Going,



Gone.

Photos by Barrie Wood

*Growing our
community
one garden at a time.*

